

**Couples Workshop
In-Person or Virtual**

**Cultivating Relational
Intimacy**

Connection and Gratitude

**\$349
Couple**

NorthPoint Professional Counseling, Inc

“This workshop will help couples cultivate relational intimacy through improved connection and gratitude. Both can bring increased positive emotions and fewer negative emotions, better health, stronger marriages, and greater life satisfaction.”

Facilitated By John Sternfels, LPC, NCC, CSAT, CMAT, CCPS

**Saturday
December 3, 2022**
*In-person lunch provided

**Time:
8:30a – 4p**
RSVP Early: Limited Seating
In-person or Virtual

**Holiday Inn
Express & Suites
(Novi)**
39675 W 12 Mile Rd
Novi, MI 48377